



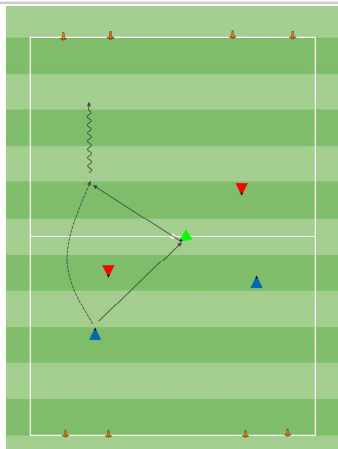
Topic: Combining to build and attack from the defensive third to the middle third

Objective: To keep possession and move the ball forward in our defensive third thru to the middle third

Player Actions: Dribble, Receive, Pass, Defend, Support

Initial Play Phase - Play as the players arrive

In a 20x30 area, play 1v1, 2v1, 2v2 - up to 3v3 or 4v4 depending on numbers. Set up area prior to player arrival



Objective: With numbers advantage, combine to score

Organization:

20W x 30L

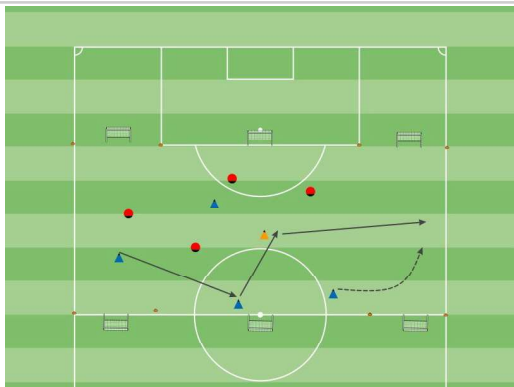
2v2 + 1 to two small goals

Coaching Points/Guided Questions

Use width to create 2v1

Technique, pace, and location of pass to complete wall pass

Cues to over lap, when outside player dribbles in overlap the outside



Objective: To combine

Organization:

Width of field - between 18 and half line (ON DEFENSIVE END).

4v4 + 1

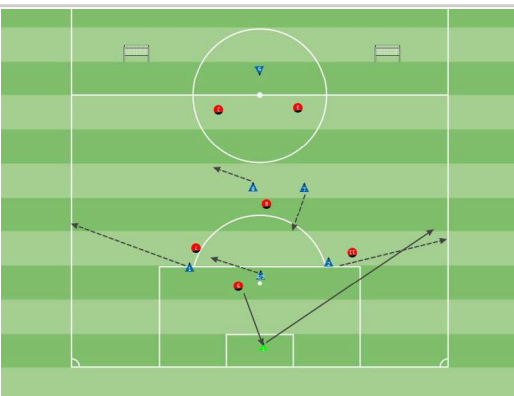
Three small goals

Coaching Points/Guided Questions

Can we combine to score on the flanks? OB use CM to combine and get forward.

Pace and location of pass

Receive with correct foot, pass to the correct foot



Objective: Building out of the back with larger numbers into the middle third using combination play

Organization:

Width of field - length of 3/4 or a bit less of field

6+1 vs 6

Start with GK 50% of the time

Coaching Points/Guided Questions

Create width quickly (review of building out of the back)

Use CM to get forward. Cues to overlap. If OB dribbles in, can one of CM overlap?

If defenders are pressing? What is that our cue to do?

Final Play Phase - Scrimmage in a larger setting to bring out the topic.

Play 6v6 - 7v7 (U10) or 7v7-9v9 (U11 and up) - Play a 1-3-1-2 if playing 7v7 or 1-3-2-3/1-4-2-2 if playing 9v9 with midfielders in central areas to encourage outside backs to go forward into the space while building.

How did the players do in achieving the goals?

What are three things you did well?

What are three things to work on for next



4v4 7v7 9v9 11v11

Moment: When we have ball in the defensive third

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