



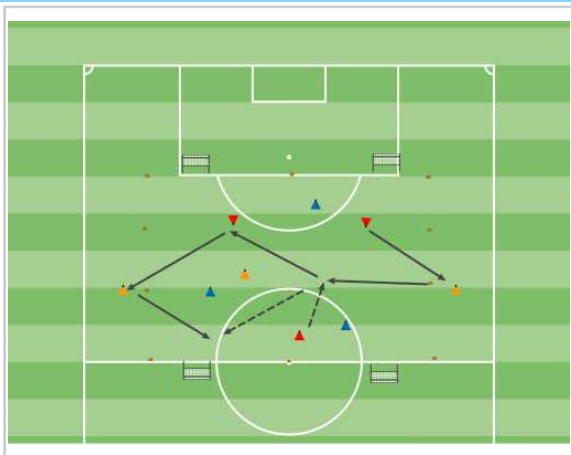
Topic: Combining to build and attack from the defensive third to the middle third while combining centrally

Objective: To keep possession and move the ball forward in our defensive third thru to the middle third

Player Actions: Dribble, Receive, Pass, Defend, Support

Initial Play Phase - Play as the players arrive

In a 20x30 area, play 1v1, 2v1, 2v2 - up to 3v3 or 4v4 depending on numbers. Set up area prior to player arrival



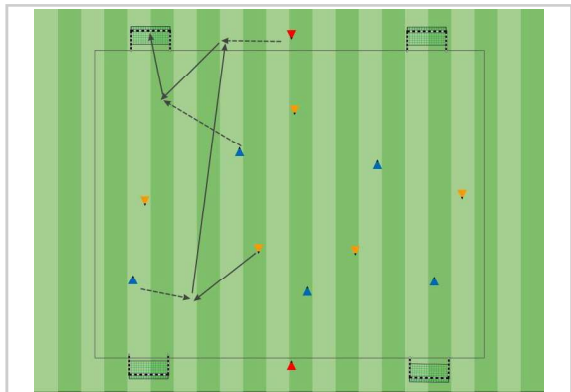
Objective: With numbers advantage, combine to score

Organization:

Width of field with channel on outside and 18 to half in length
3v3 +1 inside of grid - neutral bumpers on outside - place goals centrally
Many opportunities to combine and move forward centrally

Coaching Points/Guided Questions

Use neutrals to create 2v1 wide to get ball back centrally
Use numbers up centrally to create 2v1 there to combine and score



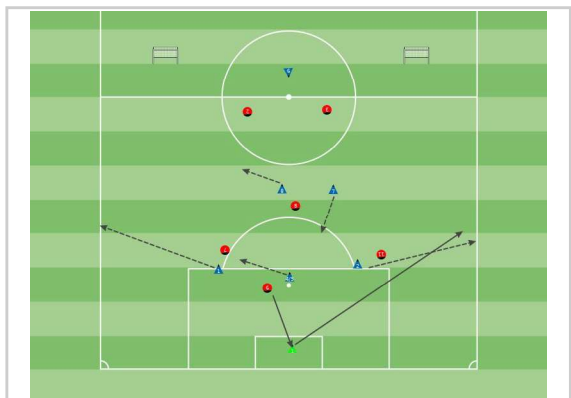
Objective: To combine

Organization:

Same field as previous game - add targets to endlines
I would start with 5v5+1 and the two targets and eventually remove the neutral

Coaching Points/Guided Questions

Can we combine to score centrally? Get wide to create space centrally.
Use our target after combining centrally to then play wide
Always look for numbers up
Passing and receiving technique



Objective: Building out of the back with larger numbers into the middle third using combination play

Organization:

Width of field - length of 3/4 or a bit less of field

6+1 vs 6

Start with GK 50% of the time

Coaching Points/Guided Questions

Create width quickly (review of building out of the back)
Use CM to get forward. Cues to overlap. If OB dribbles in, can one of CM overlap?
If defenders are pressing? What is that our cue to do?
Find target to bring CM and CB central to then attack wide goals.

Final Play Phase - Scrimmage in a larger setting to bring out the topic.

Play 6v6 - 7v7 (U10) or 7v7-9v9 (U11 and up) - Play a 1-3-1-2 if playing 7v7 or 1-3-2-3/1-4-2-2 if playing 9v9 with midfielders in central areas to encourage outside backs to go forward into the space while building and numbers up centrally

How did the players do in achieving the goals?
What are three things you did well?
What are three things to work on for next



4v4 7v7 9v9 11v11

Moment: When we have ball in the defensive third

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