



**Topic:** To improve our teams ability to score from wide areas

**Objective:** To use a numerical advantage on the flank to create scoring opportunities from wide areas

**Player Actions:** Dribble, Pass, Receive, Shoot

**Initial Play Phase - Play as the players arrive**

In a 20x30 area, play 1v1, 2v1, 2v2 - up to 3v3 or 4v4 depending on numbers. Set up area prior to player arrival



**Objective:** To introduce a variety of wide passes and a variety of scoring options from wide areas

**Organization:**

Setup as shown - keep lines small

**Coaching Points/Guided Questions**

Variety of crosses from the flank  
 Small touch - going to cross, big touch to end line - play back on the ground  
 How do we prepare for each?  
 Where do we play the ball? When do we make our run? How?  
 Coach defender - body position going forward to clear



**Objective:** Use flank players to create more opportunities from wide players

**Organization:**

Width of field - Length to the bottom of circle  
 Add flanks to the area outside the 18  
 2v1 in each flank and 3v2 in central area.  
 Target for defenders to score can also be used to switch the point of attack for attacking team

**Coaching Points/Guided Questions**

Types of passes from wide areas  
 How and when to make runs in the box  
 How to head the ball for goals  
 Timing of runs on early crosses, crosses on the ground, etc.



**Objective:** Use number advantage on the flanks to create more opportunities

**Organization:**

Top of circle - length, 9 + GK vs 6 + GK - Add a CB if needed (leave flanks with adv.)  
 Open play - ball can start wherever game leads  
 Adjust points to use flanks more if needed

**Coaching Points/Guided Questions**

Can we use our number advantage on the outside - Combination play on flanks  
 Types of passes - driven ball across should be coached  
 When and how to make runs - timing  
 Coach defenders to face the attack when clearing - get behind the ball

**Final Play Phase - Scrimmage in a larger setting to bring out the topic.**

Play 6v6 - 7v7 (U10) or 7v7-9v9 (U11 and up) - with this session, it would be best to play with wide options in both the back and midfield or forward line. Playing 7v7, a 1-2-3-1 or a 1-3-1-2 would work well within this session. If we can play 9v9, go with a 1-3-2-3 preferably.

How did the players do in achieving the goals?  
 What are three things you did well?  
 What are three things to work on for next



4v4  7v7  9v9  11v11

Moment: When we have the ball in the attacking half

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